

# Prof. (Dr.) SUMA JOSEPH



## Personal

### Name

Prof. (DR.) SUMA JOSEPH  
Principal

Mount Carmel College of Teacher  
Education for Women, Kanjikuzhy  
Kottayam-686004

### Address

Plathottam House, Muttambalam P. O,  
Kanjikuzhy, Kottayam  
686004 Kottayam, Kerala

### Phone number

09447242200

### Email

drsumajoseph@gmail.com

### Date of birth

16-05-1971

### Place of birth

Changanacherry

### Gender

Female

### Nationality

Indian

### Marital status

Married

### Driving licence

5/124/2000

## Interests

1. Teaching

2. Playing Basketball

3. Travelling

## LIFE TIME ACHIEVEMENTS IN EDUCATION, SPORTS AND IN PROFESSION

- Appointed as Principal in Charge from 1<sup>st</sup> June 2022 and promoted to Professor Grade from 18<sup>th</sup> July 2018.
- First Rank Holder in B.PED, M.PED, Second Rank in M. PHIL & UGC-NET qualified in 1996.
- Appointed as Assistant Professor in 1997 at Mount Carmel College of Teacher Education for Women and was promoted as Associate Professor in 2010 and as Professor in 2018.
- Completed PhD in Physical Education Under the Faculty of Education at Mahatma Gandhi University with the Teacher Fellowship Award of UGC XI Plan submitted Thesis in June 2013 and was awarded Doctor of Philosophy on 18th January 2014.
- Published 23 Articles in International Journals and in 9 Edited Books.
- Subject Expert for the interview in B. ED of Kannur University and also for the Guest Lectures in Mahatma Gandhi University.
- As a Teacher Educator played a major role in the overall development of Personality, Leadership qualities, Fitness, Sports and Games in women teacher trainees.
- Government Nominee as selector in Basketball for 35th National Games in 2015.
- Every Wednesday B. ED students were taken for social visit to Abhaya Bhavan (Old Age Home) and also providing evening tiffin to the inmates.
- Presented a Research Paper in an International Conference held at Geneva Business School, Switzerland in May 2018.
- Secured Silver Medal in the 1st Asia Pacific Masters Games in Basketball Women 40+ Category at Penang, Malaysia from 7th to 15th September 2018.
- Accompanied the Mahatma Gandhi University Basketball Team as manager in 1998, 2008, 2009, 2014, 2015, 2016, 2017, 2018 & 2019 and secured 3rd Place 6 times.
- Selection Committee Member nominated by Government for the Recruitment of Basketball Players in Kerala Police from 16th to 19th July 2019.
- Secured Gold Medal in the European Masters Games in Basketball Women 30+ Category at Turino, Italy from 27th July to 4th August 2019.
- Presented a Research Paper in an International Conference held at University of Malaya, Kuala Lumpur Malaysia in September 2019.
- Free physical training was given to the female students who were qualified the PSC Examination in Forest, Police and Excise Department
- Research Guide at Mahatma Gandhi University and 6 Research scholars are doing PhD under my guidance.
- Member of UG Board of Studies in Education from 2017 to 2021.
- Member of PG Board of Studies in Physical Education from 2021 to 2024.
- Chief Examiner of Paper valuation of B ED Elective Paper Health and Physical Education and Additional examiner of Practical Examination for the past 24 years.
- Selection Committee Member of Basketball Team, Mahatma Gandhi University, Kottayam from 1997 to 2021.
- Completed 25 Years of Service at Mount Carmel College of Teacher Education for Women, Kottayam
- Completed MA in Education from IGNOU in June 2018.
- Member, Board of Physical Education, M.G University, Kottayam from 2022 onwards.

## Educational Qualification

Bachelor of Science - B. Sc Physics	Jun 1988 - May 1992
<i>Assumption College, Changanacherry, Mahatma Gandhi University, Kottayam</i>	
Bachelor of Physical Education - B.PED	Jun 1994 - May 1995
<i>YMCA College of Physical Education, Chennai, University of Madras, Chennai</i>	
Master of Physical Education - MPED	Jun 1995 - May 1996
<i>YMCA College of Physical Education, Chennai, University of Madras, Chennai</i>	

Master of Philosophy (Physical Education) - M. PHIL <i>YMCA College of Physical Education, Chennai, University of Madras, Chennai</i>	Aug 1996 - Aug 1997
Master of Arts in Education - MA (EDU) <i>Indira Gandhi National Open University, Kochi, IGNOU, New Delhi</i>	Jul 2015 - Sep 2018
Doctor of Philosophy - PhD <i>SPESS, Mahatma Gandhi University, Kottayam, Mahatma Gandhi University, Kottayam</i>	Sep 2022 - Jul 2022
UGC - NET <i>University Grand Commission, New Delhi</i>	Dec 1996 - Dec 1996

## Work experience

Principal in Charge	1 <sup>st</sup> June 2022
Professor in Physical Education	18 <sup>th</sup> July 2018
Associate Professor in Physical Education	8 <sup>th</sup> December 2010
Assistant Professor in Physical Education	8 <sup>th</sup> December 1997
<i>Total Service at Mount Carmel College of Teacher Education, Kottayam</i>	Dec 1997 - May 2027

## Skills

- Offline & Online Teaching - Google Meet - Google Classroom etc.
- Represented INDIA in the 5th World Korfball Championship held at New Delhi in 1995.
- Attended Junior Indian Basketball Camp at Mysore in 1990.
- Represented Kerala State 14 Times and secured Gold, Silver and Bronze in Championships of Senior, Junior and Youth Category and also Captained the Kerala State Basketball Team Twice.
- Secured Gold Medal in Women's National Championship at Cuttack, Orissa in 1990.
- Secured Silver Medal in Junior National Championship at Indore, MP in 1990.
- Secured Gold Medal in Federation Cup National championship at Trissur, Kerala in 1991.
- Secured Silver Medal in Federation Cup National Championship at Tirupur, Tamil Nadu in 1992.
- Secured Bronze Medal in Senior National Championship at Thiruvanthapuram, Kerala in 1992.
- Secured Bronze Medal in Pre- Asian National Basketball Championship at Bangalore, Karnataka in 1992.
- Secured Gold Medal in Federation Cup National Championship at Sivakasi, Tamil Nadu in 1994.
- Represented M.G University Basketball Team 5 times in the All India Inter University Championships in 1988, 1989, 1990, 1991 and 1992.
- Represented Tamil Nadu State and Pondicherry in the Senior National Handball Championship 3 times.
- Represented Tamil Nadu State in the Senior National Korfball Championship 3 times.
- Manager of the Mahatma Gandhi University Basketball Women Team in 1998, 2008, 2009 2010, 2013, 2015, 2016, 2017, 2018, 2022, 2023 and the team secured Bronze Medal 9 times.